

# Mini GWiNT 55 km

Grodzisk Wielkopolski 22.04.2023 | Dystans: 55 km | Wyniki OPEN

Klasyfikacja według czasów brutto



| Msc. | Nr  | Imię i nazwisko      | Kraj | Klub   | Miejscowość           | Kat. wiek. | msc. kat.wiek. | M  | K | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|----------------------|------|--|-----------------------|------------|----------------|----|---|-------------|--------------|-----------------|
| 1    | 294 | Sebastian Książek    | POL  | Runner Sam Po Lesie                                  | Sulechów              | M40        | 1              | 1  |   | 04:32:12    | 04:32:15     | 04:57           |
| 2    | 239 | Adam Florczak        | POL  |  | Łódź                  | M40        | 2              | 2  |   | 04:33:26    | 04:33:30     | 04:58           |
| 3    | 384 | Witold Sobczak       | POL  | KB Szamotuły/ Vege Runners                           | Poznań                | M40        | 3              | 3  |   | 04:41:42    | 04:41:42     | 05:07           |
| 4    | 235 | Błażej Drobnik       | POL  | Opalenicki Klub Biegacza                             | Opalenica             | M30        | 1              | 4  |   | 04:42:58    | 04:42:58     | 05:09           |
| 5    | 407 | Kacper Świerczyński  | POL  | STAJNIA CROSSFIT                                     | Poznań                | M30        | 2              | 5  |   | 04:43:19    | 04:43:19     | 05:09           |
| 6    | 402 | Paweł Szotowicz      | POL  | SKL Stargard   | Stargard              | M40        | 4              | 6  |   | 04:46:50    | 04:47:14     | 05:13           |
| 7    | 344 | Artur Piaskowski     | POL  | OPALENICKI KLUB BIEGACZA                             | Szewce                | M30        | 3              | 7  |   | 04:49:07    | 04:49:07     | 05:15           |
| 8    | 201 | Arkadiusz Adamczak   | POL  |  | Leszno                | M40        | 5              | 8  |   | 04:50:24    | 04:50:24     | 05:17           |
| 9    | 300 | Piotr Kurzyński      | POL  | TEAM BEROTU  | Nowy Tomyśl           | M40        | 6              | 9  |   | 04:50:39    | 04:50:39     | 05:17           |
| 10   | 265 | Magdalena Jaworska   | POL  | GB Wielkopolscy Biegacze/Team Hard Work Beats Talent | Poznań                | K40        | 1              |    | 1 | 04:50:51    | 04:50:51     | 05:17           |
| 11   | 422 | Piotr Urbaniak       | POL  | Crocodigy  | Dąbrówka              | M30        | 4              | 10 |   | 04:54:43    | 04:54:43     | 05:22           |
| 12   | 252 | Jarek Grupa          | POL  | SKL Stargard   | Stargard              | M40        | 7              | 11 |   | 04:56:23    | 04:56:48     | 05:23           |
| 13   | 451 | Iwona Żukowska       | POL  | PKO BP   | Środa Wlkp            | K30        | 1              |    | 2 | 04:56:57    | 04:56:57     | 05:24           |
| 14   | 269 | Michał Józwiak       | POL  |  | Środa Wlkp.           | M50        | 1              | 12 |   | 05:02:19    | 05:02:26     | 05:30           |
| 15   | 253 | Bartosz Grzempowski  | POL  |  | Sieraków              | M40        | 8              | 13 |   | 05:08:25    | 05:08:25     | 05:36           |
| 16   | 397 | Mirosław Sudzik      | POL  |  | Rakoniewice           | M40        | 9              | 14 |   | 05:09:51    | 05:10:05     | 05:38           |
| 17   | 206 | Anna Andrzejczak     | POL  | NKB Chyży Nowy Tomyśl                                | Nowy Tomyśl, Poland   | K30        | 2              |    | 3 | 05:11:20    | 05:11:20     | 05:40           |
| 18   | 434 | Marek Winckiewicz    | POL  |  | Poznań                | M40        | 10             | 15 |   | 05:11:25    | 05:11:33     | 05:40           |
| 19   | 403 | Mariusz Szuba        | POL  | No Excuses Team                                      | Trzemeszno            | M40        | 11             | 16 |   | 05:12:22    | 05:12:26     | 05:41           |
| 20   | 315 | Daria Marciniak      | POL  | Jedź i trenuj Świebodzin                             | Świebodzin            | K30        | 3              |    | 4 | 05:13:21    | 05:13:21     | 05:42           |
| 21   | 361 | Grzegorz Przystarz   | POL  | Oborygeni  | Oborniki Śląskie      | M50        | 2              | 17 |   | 05:13:20    | 05:13:57     | 05:42           |
| 22   | 309 | Karol Maciąg         | POL  | Szymanowski Team                                     | Bielsko               | M30        | 5              | 18 |   | 05:16:13    | 05:16:13     | 05:45           |
| 23   | 271 | Łukasz Kaczmarek     | POL  |  | Gostyń                | M40        | 12             | 19 |   | 05:18:25    | 05:18:25     | 05:47           |
| 24   | 224 | Daniel Chociaj       | POL  | Endorfiny Wąsosz                                     | Wąsosz                | M40        | 13             | 20 |   | 05:19:46    | 05:19:46     | 05:49           |
| 25   | 392 | Dariusz Stefaniak    | POL  | PKS Racot Run  | Racot                 | M40        | 14             | 21 |   | 05:24:52    | 05:24:52     | 05:54           |
| 26   | 373 | Mirosław Rządowski   | POL  | Niagara fitness klub Rakoniewice                     | Rakoniewice           | M50        | 3              | 22 |   | 05:25:08    | 05:25:08     | 05:55           |
| 27   | 412 | Mariusz Tomaszewski  | POL  | GST TriEagle Team                                    | Gniezno               | M40        | 15             | 23 |   | 05:24:51    | 05:25:21     | 05:54           |
| 28   | 417 | Danuta Ujejska       | POL  | #BiegajLeszno  | Święciechowa          | K40        | 2              |    | 5 | 05:25:29    | 05:25:29     | 05:55           |
| 29   | 341 | Przemysław Para      | POL  | LeszNo limits runners                                | Dąbcze                | M40        | 16             | 24 |   | 05:26:51    | 05:26:51     | 05:57           |
| 30   | 364 | Monika Rabiega       | POL  | #BiegajLeszno  | Leszno                | K40        | 3              |    | 6 | 05:28:50    | 05:28:50     | 05:59           |
| 31   | 289 | Joanna Krym          | POL  |  | Rakoniewice           | K40        | 4              |    | 7 | 05:29:17    | 05:29:22     | 05:59           |
| 32   | 338 | Katarzyna Paczkowska | POL  | Biegające Krejzole                                   | Kiekrz                | K40        | 5              |    | 8 | 05:38:01    | 05:38:01     | 06:09           |
| 33   | 272 | Mirosław Kaczmarek   | POL  | Wolsztyńska Akademia Biegowa                         | Łódź                  | M40        | 17             | 25 |   | 05:37:59    | 05:38:03     | 06:09           |
| 34   | 416 | Sławomir Tyczyński   | POL  | Filgrosoil   | Leszno                | M40        | 18             | 26 |   | 05:40:01    | 05:40:01     | 06:11           |
| 35   | 210 | Piotr Bąbelczyk      | POL  | UltraMen   | Międzychód            | M50        | 4              | 27 |   | 05:41:52    | 05:41:52     | 06:13           |
| 36   | 279 | Artur Kątownski      | POL  |  | Sławienko             | M40        | 19             | 28 |   | 05:42:32    | 05:42:32     | 06:14           |
| 37   | 327 | Zbigniew Naparty     | POL  | Kęsy Team  | Oborniki              | M50        | 5              | 29 |   | 05:42:32    | 05:42:32     | 06:14           |
| 38   | 362 | Piotr Puchalski      | POL  | Polish forest gin                                    | Poznań                | M30        | 6              | 30 |   | 05:42:43    | 05:42:43     | 06:14           |
| 39   | 336 | Dariusz Olszewski    | POL  | dom piwa biega                                       | Poznań                | M50        | 6              | 31 |   | 05:43:06    | 05:43:14     | 06:14           |
| 40   | 274 | Sławomir Kaniuk      | POL  | Grodziski Klub Biegacza                              | Grodzisk Wielkopolski | M50        | 7              | 32 |   | 05:45:42    | 05:45:42     | 06:17           |

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| Msc. | Nr  | Imię i nazwisko      | Kraj | Klub                                    | Miejscowość           | Kat. wiek. | msc. kat.wiek. | M  | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|----------------------|------|---|-----------------------|------------|----------------|----|----|-------------|--------------|-----------------|
| 41   | 205 | Tomasz Adamski       | POL  | TIM.T                                   | Zielona Góra          | M40        | 20             | 33 |    | 05:45:41    | 05:45:55     | 06:17           |
| 42   | 352 | Łukasz Płócieniczak  | POL  | prostoztreningu                         | Leszno                | M30        | 7              | 34 |    | 05:46:01    | 05:46:01     | 06:17           |
| 43   | 318 | Katarzyna May-Adamek | POL  | Białobrzzeski Team                      | Rakownia              | K40        | 6              |    | 9  | 05:47:50    | 05:47:50     | 06:19           |
| 44   | 441 | Marcin Wróbel        | POL  |   | Zbąszyń               | M40        | 21             | 35 |    | 05:48:07    | 05:48:07     | 06:20           |
| 45   | 404 | Michał Szymaniak     | POL  | MilanClubPolonia                        | Luboń                 | M40        | 22             | 36 |    | 05:48:41    | 05:48:41     | 06:20           |
| 46   | 277 | Grzegorz Kańduła     | POL  |   | Poznań                | M40        | 23             | 37 |    | 05:52:47    | 05:52:47     | 06:25           |
| 47   | 298 | Robert Kurek         | POL  |   | Kurowo                | M50        | 8              | 38 |    | 05:52:39    | 05:53:07     | 06:25           |
| 48   | 365 | Szczepan Rabiega     | POL  | #BiegajLeszno                           | Leszno                | M40        | 24             | 39 |    | 05:53:21    | 05:53:21     | 06:25           |
| 49   | 394 | Sebastian Sternal    | POL  | Grodziski Klub Biegacza                 | Grodzisk Wielkopolski | M40        | 25             | 40 |    | 05:53:01    | 05:53:29     | 06:25           |
| 50   | 221 | Tomasz Budzisz       | POL  |   | Poznan                | M50        | 9              | 41 |    | 05:54:07    | 05:54:36     | 06:26           |
| 51   | 349 | Joanna Pikosz        | POL  | KOŚCIAN TEAM                            | Kościan               | K40        | 7              |    | 10 | 05:57:59    | 05:58:04     | 06:31           |
| 52   | 335 | Beata Oleksy         | POL  | Kościan Team                            | Kościan               | K40        | 8              |    | 11 | 05:57:58    | 05:58:04     | 06:31           |
| 53   | 258 | Aleksandra Iwaszczuk | POL  | Kościan team                            | Kościan               | K40        | 9              |    | 12 | 05:58:54    | 05:59:00     | 06:32           |
| 54   | 215 | Tomek Błażejczak     | POL  | #BiegajLeszno                           | Leszno                | M30        | 8              | 42 |    | 05:59:42    | 05:59:42     | 06:32           |
| 55   | 374 | Marek Schwarz        | POL  | PRO366                                  | Garby                 | M30        | 9              | 43 |    | 05:59:31    | 05:59:44     | 06:32           |
| 56   | 243 | Jaromir Furmaniuk    | POL  | Samotny Biały Żagiel                    | Poznań                | M50        | 10             | 44 |    | 05:59:50    | 05:59:50     | 06:33           |
| 57   | 240 | Tomasz Frąckowiak    | POL  | PKO Bank Polski                         | Gniezno               | M40        | 26             | 45 |    | 06:00:27    | 06:00:53     | 06:33           |
| 58   | 292 | Maciej Krysmalski    | POL  |   | Wolsztyn              | M40        | 27             | 46 |    | 06:00:46    | 06:01:01     | 06:34           |
| 59   | 385 | Dariusz Solecki      | POL  | Piątkowo na Biegowo                     | Poznań                | M60        | 1              | 47 |    | 06:01:52    | 06:01:52     | 06:35           |
| 60   | 382 | Adam Snuszka         | POL  | NO EXCUSES TEAM                         | Kamieniec             | M50        | 11             | 48 |    | 06:02:24    | 06:02:29     | 06:35           |
| 61   | 440 | Radosław Woźny       | POL  |   | Wolsztyn              | M30        | 10             | 49 |    | 06:02:59    | 06:03:14     | 06:36           |
| 62   | 268 | Beata Józefiak       | POL  |   | Plewiska              | K30        | 4              |    | 13 | 06:03:39    | 06:03:39     | 06:37           |
| 63   | 321 | Damian Mielcarek     | POL  | No Excuses Team                         | Poznań                | M40        | 28             | 50 |    | 06:09:44    | 06:09:49     | 06:43           |
| 64   | 360 | Justyna Zielińska    | POL  | KS Posenania Triathlon                  | Luboń                 | K40        | 10             |    | 14 | 06:10:14    | 06:10:40     | 06:44           |
| 65   | 261 | Rafał Jakubowski     | POL  | Leśne Dziki Przyjacielska Grupa Biegowa | Gostyń                | M40        | 29             | 51 |    | 06:10:43    | 06:11:08     | 06:44           |
| 66   | 228 | Krzysztof Czernski   | POL  | KB INTREX Poznań                        | Sierosław             | M40        | 30             | 52 |    | 06:11:11    | 06:11:11     | 06:45           |
| 67   | 247 | Jarosław Giel        | POL  | NKB Chyży                               | Nowy Tomyśl           | M30        | 11             | 53 |    | 06:10:53    | 06:11:17     | 06:45           |
| 68   | 437 | Łukasz Woś           | POL  | Wolsztyńska Akademia Biegowa            | Rakoniewice           | M40        | 31             | 54 |    | 06:11:35    | 06:11:39     | 06:45           |
| 69   | 297 | Przemysław Kulus     | POL  | PhoenixContact                          | Wolsztyn              | M40        | 32             | 55 |    | 06:11:41    | 06:11:41     | 06:45           |
| 70   | 363 | Tomasz Puchalski     | POL  |   | Gruszczyn             | M40        | 33             | 56 |    | 06:11:46    | 06:11:46     | 06:46           |
| 71   | 453 | Wiktor Sierszuła     | POL  | Wolsztyński Klub Biegowy                | Wolsztyn              | M40        | 34             | 57 |    | 06:11:48    | 06:11:48     | 06:46           |
| 72   | 354 | Arkadiusz Pokrywka   | POL  | PGB Sportowa Paczka                     | Dąbrówka              | M40        | 35             | 58 |    | 06:12:48    | 06:12:59     | 06:47           |
| 73   | 377 | Konrad Skrętkowski   | POL  | Sportowy Kaźmierz                       | Kaźmierz              | M20        | 1              | 59 |    | 06:13:30    | 06:13:30     | 06:47           |
| 74   | 348 | Michał Pięła         | POL  | Sportowy Kaźmierz                       | Kiączyn               | M40        | 36             | 60 |    | 06:13:20    | 06:13:31     | 06:47           |
| 75   | 223 | Łukasz Chlewiński    | POL  |   | Stargard              | M30        | 12             | 61 |    | 06:13:17    | 06:13:42     | 06:47           |
| 76   | 366 | Marcin Ratajczak     | POL  |   | Kotlin                | M40        | 37             | 62 |    | 06:14:04    | 06:14:08     | 06:48           |
| 77   | 438 | Marcin Woś           | POL  |   | Wielichowo            | M30        | 13             | 63 |    | 06:13:53    | 06:14:16     | 06:48           |
| 78   | 202 | Daniel Adamczak      | POL  | SNS                                     | Chorzemin             | M40        | 38             | 64 |    | 06:15:22    | 06:15:44     | 06:49           |
| 79   | 257 | Łukasz Huderek       | POL  | Night Runners                           | Poznań                | M40        | 39             | 65 |    | 06:18:16    | 06:18:16     | 06:53           |
| 80   | 245 | Monika Gassem        | POL  | TKKF ŁABĘDŹ ZBĄSZYŃ                     | Zbąszyń               | K40        | 11             |    | 15 | 06:18:01    | 06:18:25     | 06:52           |

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|------|-----|------------------------|------|---|-----------------------|------------|----------------|----|----|-------------|--------------|-----------------|
| 81   | 439 | Anna Wośko             | POL  | tkkf łabędź                             | Zbąszyń               | K40        | 12             |    | 16 | 06:18:01    | 06:18:25     | 06:52           |
| 82   | 378 | Anna Skrzypczak        | POL  | Ls Plus Recycling Team                  | Grodzisk Wielkopolski | K40        | 13             |    | 17 | 06:18:29    | 06:18:29     | 06:53           |
| 83   | 375 | Marek Senftleben       | POL  | ZSET Leszno                             | Leszno                | M30        | 14             | 66 |    | 06:19:00    | 06:19:00     | 06:53           |
| 84   | 307 | Paweł Łukasik          | POL  | Grodzisk Klub Biegacza                  | Grodzisk Wielkopolski | M40        | 40             | 67 |    | 06:18:43    | 06:19:03     | 06:53           |
| 85   | 330 | Bartosz Nowaczyk       | POL  | TEAM BEROTU                             | Nowy Tomyśl           | M30        | 15             | 68 |    | 06:20:28    | 06:20:28     | 06:55           |
| 86   | 424 | Ryszard Waligórski     | POL  | Wolsztyński Klub Biegowy                | Wolsztyn              | M60        | 2              | 69 |    | 06:22:42    | 06:22:42     | 06:57           |
| 87   | 443 | Marek Zaradny          | POL  |   | Dębsko                | M40        | 41             | 70 |    | 06:22:41    | 06:22:48     | 06:57           |
| 88   | 291 | Witold Krysiński       | POL  |   | Gniezno               | M40        | 42             | 71 |    | 06:23:36    | 06:23:36     | 06:58           |
| 89   | 450 | Janusz Żuberek         | POL  |   | Skórzewo              | M50        | 12             | 72 |    | 06:23:46    | 06:23:54     | 06:59           |
| 90   | 350 | Jarosław Piotrowski    | POL  | gułtowybiegają                          | Gułtowy               | M50        | 13             | 73 |    | 06:25:06    | 06:25:06     | 07:00           |
| 91   | 398 | Joanna Sulej-Chojnacka | POL  |   | Łubowo                | K40        | 14             |    | 18 | 06:25:18    | 06:25:44     | 07:00           |
| 92   | 436 | Elżbiega Wolna         | POL  | PKO Bank Polski                         | Strykowo              | K50        | 1              |    | 19 | 06:25:18    | 06:25:44     | 07:00           |
| 93   | 218 | Katarzyna Bruch        | POL  |   | Woźniki               | K40        | 15             |    | 20 | 06:25:17    | 06:25:45     | 07:00           |
| 94   | 323 | Jarosław Miś           | POL  |   | Grodzisk Wielkopolski | M20        | 2              | 74 |    | 06:26:15    | 06:26:15     | 07:01           |
| 95   | 393 | Danuta Stempin         | POL  |   | Rakoniewice           | K40        | 16             |    | 21 | 06:28:55    | 06:28:55     | 07:04           |
| 96   | 369 | Hubert Rogacki         | POL  | Mavericks/CSWL Poznań                   | Maksymilianowo        | M30        | 16             | 75 |    | 06:30:21    | 06:30:39     | 07:06           |
| 97   | 229 | Damian Dach            | POL  |   | Rakoniewice           | M30        | 17             | 76 |    | 06:30:44    | 06:30:44     | 07:06           |
| 98   | 283 | Angelina Konieczna     | POL  |   | Gniezno               | K30        | 5              |    | 22 | 06:32:15    | 06:32:15     | 07:08           |
| 99   | 212 | Jędrzej Bekas          | POL  | Night Runners Poznań                    | Poznań                | M40        | 43             | 77 |    | 06:33:14    | 06:33:23     | 07:09           |
| 100  | 209 | Lukasz Basinski        | POL  | Bracia_B                                | Trzemeszno            | M40        | 44             | 78 |    | 06:33:28    | 06:33:28     | 07:09           |
| 101  | 256 | Sławomir Heinrichowski | POL  | Art Team Pegaz Teatr Wielki w Poznaniu  | Potrzanowo            | M40        | 45             | 79 |    | 06:33:42    | 06:33:42     | 07:09           |
| 102  | 425 | Filip Buszkowski       | POL  | Sportowy Kazmierz                       | Gaj Wielki            | M40        | 46             | 80 |    | 06:33:32    | 06:33:43     | 07:09           |
| 103  | 356 | Joanna Preiss          | POL  |   | Śrem                  | K30        | 6              |    | 23 | 06:34:10    | 06:34:10     | 07:10           |
| 104  | 290 | Radosław Krym          | POL  |   | Rakoniewice           | M40        | 47             | 81 |    | 06:34:57    | 06:34:57     | 07:11           |
| 105  | 428 | Natalia Wałęsa         | POL  |   | Nowy Tomyśl           | K30        | 7              |    | 24 | 06:36:20    | 06:36:37     | 07:12           |
| 106  | 391 | Aleksander Stasik      | POL  | B. Best                                 | Glinno                | M40        | 48             | 82 |    | 06:36:08    | 06:36:41     | 07:12           |
| 107  | 287 | Krzystian Korek        | POL  |   | Czapury               | M40        | 49             | 83 |    | 06:36:48    | 06:37:13     | 07:13           |
| 108  | 232 | Marcin Dolski          | POL  |   | Poznań                | M30        | 18             | 84 |    | 06:36:50    | 06:37:15     | 07:13           |
| 109  | 244 | Bartosz Garcon         | POL  | Kuźnia Talentów Kamieniec               | Kamieniec             | M20        | 3              | 85 |    | 06:37:25    | 06:37:47     | 07:14           |
| 110  | 334 | Mariusz Odważny        | POL  | Kuźnia Talentów Kamieniec               | Kamieniec             | M30        | 19             | 86 |    | 06:37:26    | 06:37:47     | 07:14           |
| 111  | 429 | Norbert Wasiakowski    | POL  | Orange Polska                           | Pobiedziska           | M40        | 50             | 87 |    | 06:38:50    | 06:38:50     | 07:15           |
| 112  | 313 | Tomasz Malicki         | POL  | BBL INOWROCLAW                          | Inowrocław            | M50        | 14             | 88 |    | 06:39:13    | 06:39:44     | 07:16           |
| 113  | 275 | Bartosz Kańduła        | POL  | Bukowski Klub Biegacza                  | Szewce                | M40        | 51             | 89 |    | 06:39:55    | 06:39:55     | 07:16           |
| 114  | 276 | Damian Kańduła         | POL  | Phoenix Contact                         | Nowy Tomyśl           | M40        | 52             | 90 |    | 06:39:55    | 06:39:55     | 07:16           |
| 115  | 331 | Bartosz Nowak          | POL  | NKB Chyży Nowy Tomyśl                   | Lwówek                | M20        | 4              | 91 |    | 06:39:51    | 06:40:04     | 07:16           |
| 116  | 379 | Michał Skrzypczak      | POL  | LS Plus Recycling Team                  | Grodzisk Wlkp         | M40        | 53             | 92 |    | 06:40:09    | 06:40:09     | 07:17           |
| 117  | 293 | Maciej Kryszewski      | POL  | Night Runners                           | Poznań                | M40        | 54             | 93 |    | 06:40:22    | 06:40:30     | 07:17           |
| 118  | 390 | Łukasz Stasiak         | POL  | LEŚNE DZIKI Przyjacielska Grupa Biegowa | Leszno                | M20        | 5              | 94 |    | 06:41:13    | 06:41:13     | 07:18           |
| 119  | 368 | Adam Redlich           | POL  |   | Nowy Tomyśl           | M40        | 55             | 95 |    | 06:43:08    | 06:43:08     | 07:20           |
| 120  | 408 | Adam Świergiel         | POL  | Kierowcy tirów też biegają              | Boruja Kościelna      | M30        | 20             | 96 |    | 06:43:08    | 06:43:08     | 07:20           |

# Mini GWiNT 55 km

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Klasyfikacja według czasów brutto



| Msc. | Nr  | Imię i nazwisko        | Kraj | Klub                     | Miejscowość           | Kat. wiek. | msc. kat.wiek. | M   | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|------------------------|------|--------------------------|-----------------------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 121  | 250 | Aneta Grabowska-Lesisz | POL  |                          | Koszalin              | K40        | 17             |     | 25 | 06:44:54    | 06:44:54     | 07:22           |
| 122  | 433 | Daniel Wilk            | POL  | Wilk i Zając             | Krzyż Wlkp            | M50        | 15             | 97  |    | 06:44:55    | 06:44:55     | 07:22           |
| 123  | 278 | Maciej Karaszewski     | POL  | Karacho Team             | Wiry                  | M40        | 56             | 98  |    | 06:45:03    | 06:45:03     | 07:22           |
| 124  | 372 | Wojciech Rubczyński    | POL  | Niagara Fitness Klub     | Rakoniewice           | M20        | 6              | 99  |    | 06:45:32    | 06:45:32     | 07:22           |
| 125  | 355 | Bartosz Polanowski     | POL  | Rynie                    | Zalasewo              | M30        | 21             | 100 |    | 06:46:00    | 06:46:00     | 07:23           |
| 126  | 267 | Renata Jędrzejczak     | POL  |                          | Rakoniewice           | K40        | 18             |     | 26 | 06:46:21    | 06:46:21     | 07:23           |
| 127  | 237 | Jan Fiałkowski         | POL  | Night Runners            | Kórnik                | M50        | 16             | 101 |    | 06:47:47    | 06:47:47     | 07:25           |
| 128  | 305 | Zbigniew Łąkowski      | POL  |                          | Koziegłowy            | M40        | 57             | 102 |    | 06:50:44    | 06:50:44     | 07:28           |
| 129  | 383 | Kasia Sobczak          | POL  |                          | Garby                 | K50        | 2              |     | 27 | 06:51:37    | 06:51:37     | 07:29           |
| 130  | 430 | Iwona Wiatr            | POL  |                          | Poznań                | K30        | 8              |     | 28 | 06:51:40    | 06:51:40     | 07:29           |
| 131  | 444 | Iwona Zasada           | POL  | TIM.T                    | Zielona Góra          | K40        | 19             |     | 29 | 06:51:37    | 06:51:50     | 07:29           |
| 132  | 312 | Małgorzata Malicka     | POL  | TIM.T                    | Zielona Góra          | K50        | 3              |     | 30 | 06:51:38    | 06:51:51     | 07:29           |
| 133  | 423 | Aleksandra Waligóra    | POL  | Niagara Fitness Klub     | Rakoniewice           | K30        | 9              |     | 31 | 06:52:09    | 06:52:09     | 07:30           |
| 134  | 415 | Jakub Tomys            | POL  | Wolsztyński Klub Biegowy | Siedlec               | M30        | 22             | 103 |    | 06:52:03    | 06:52:10     | 07:30           |
| 135  | 325 | Agata Mruk             | POL  |                          | Gniezno               | K40        | 20             |     | 32 | 06:54:33    | 06:54:33     | 07:32           |
| 136  | 246 | Przemek Gawronski      | POL  |                          | Szczytniki Duchowne   | M40        | 58             | 104 |    | 06:54:42    | 06:54:42     | 07:32           |
| 137  | 262 | Ela Jankowska          | POL  |                          | Klecko                | K40        | 21             |     | 33 | 06:54:49    | 06:54:49     | 07:33           |
| 138  | 322 | Szymon Mistur          | POL  | Hakuna Matata            | Przybyszewo           | M40        | 59             | 105 |    | 06:54:47    | 06:55:05     | 07:33           |
| 139  | 280 | Robert Kleszcz         | POL  | ORANGE POLSKA            | Glinno                | M40        | 60             | 106 |    | 06:57:03    | 06:57:31     | 07:35           |
| 140  | 332 | Maciej Nowak           | POL  | PGB Sportowa Paczka      | Poznań                | M40        | 61             | 107 |    | 06:59:01    | 06:59:01     | 07:37           |
| 141  | 357 | Dawid Prządka          | POL  | Czarny Koń XD            | Obra                  | M30        | 23             | 108 |    | 06:59:29    | 06:59:29     | 07:38           |
| 142  | 418 | Katarzyna Urban        | POL  |                          | Poznań                | K40        | 22             |     | 34 | 07:01:38    | 07:01:51     | 07:40           |
| 143  | 263 | Piotr Jarysz           | POL  | KrisTrans Małyszka       | Poznań                | M30        | 24             | 109 |    | 07:01:40    | 07:01:51     | 07:40           |
| 144  | 303 | Damian Loba            | POL  | Świerczewo Run           | Poznań                | M50        | 17             | 110 |    | 07:03:26    | 07:03:26     | 07:42           |
| 145  | 446 | Izabela Zbyszewska     | POL  | MISJA X                  | Złotniki              | K40        | 23             |     | 35 | 07:03:47    | 07:03:47     | 07:42           |
| 146  | 432 | Zbigniew Wieczorek     | POL  |                          | Rakoniewice           | M40        | 62             | 111 |    | 07:04:26    | 07:04:41     | 07:43           |
| 147  | 231 | Jarek Dokowicz         | POL  | TEAM BEROTU              | Cicha Góra            | M50        | 18             | 112 |    | 07:04:41    | 07:04:41     | 07:43           |
| 148  | 282 | Zbigniew Kondera       | POL  | KRÓLICZKI W PLECAKU      | Glinno                | M40        | 63             | 113 |    | 07:04:45    | 07:05:01     | 07:43           |
| 149  | 211 | Marcin Bączkowski      | POL  | BBL Inowrocław           | Inowrocław            | M50        | 19             | 114 |    | 07:05:51    | 07:06:23     | 07:45           |
| 150  | 367 | Tomasz Ratajczak       | POL  |                          | Poznań                | M40        | 64             | 115 |    | 07:06:26    | 07:06:26     | 07:45           |
| 151  | 399 | Izabela Sworowska      | POL  | Wolsztyński Klub Biegowy | Wolsztyn              | K50        | 4              |     | 36 | 07:07:05    | 07:07:05     | 07:46           |
| 152  | 400 | Maciej Sworowski       | POL  | Wolsztyński Klub Biegowy | Wolsztyn              | M50        | 20             | 116 |    | 07:07:05    | 07:07:05     | 07:46           |
| 153  | 346 | Jarosław Piesik        | POL  | Wolsztyński Klub Biegowy | Karpicko              | M50        | 21             | 117 |    | 07:07:05    | 07:07:05     | 07:46           |
| 154  | 329 | Anna Nowaczyk          | POL  | Łodyga Athletic Team     | Grodzisk Wielkopolski | K30        | 10             |     | 37 | 07:07:16    | 07:07:16     | 07:46           |
| 155  | 306 | Jan Łeske              | POL  | Za linią mety            | Grodzisk Wielkopolski | M40        | 65             | 118 |    | 07:06:57    | 07:07:17     | 07:46           |
| 156  | 266 | Adam Jęcz              | POL  | Kościan Team             | Kościan               | M40        | 66             | 119 |    | 07:09:16    | 07:09:16     | 07:48           |
| 157  | 286 | Katarzyna Konkiewicz   | POL  |                          | Grodzisk Wielkopolski | K40        | 24             |     | 38 | 07:09:56    | 07:09:56     | 07:49           |
| 158  | 296 | Grzegorz Kulesza       | POL  | Night runners Września   | Gulczewko             | M50        | 22             | 120 |    | 07:09:57    | 07:09:57     | 07:49           |
| 159  | 445 | Marek Zawłocki         | POL  |                          | Nowy Tomyśl           | M40        | 67             | 121 |    | 07:11:28    | 07:11:57     | 07:51           |
| 160  | 217 | Ryszard Bronowicki     | POL  | NKB Chyży Nowy Tomyśl    | Stary Tomyśl          | M70+       | 1              | 122 |    | 07:12:15    | 07:12:15     | 07:52           |

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Klasyfikacja według czasów brutto



| Msc. | Nr  | Imię i nazwisko                 | Kraj | Klub                             | Miejscowość           | Kat. wiek. | msc. kat.wiek. | M   | K  | Wynik netto | Wynik brutto | śr.tempo min/km |
|------|-----|---------------------------------|------|----------------------------------|-----------------------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 161  | 340 | Małgorzata Papaczek             | POL  |                                  | Opalenica             | K30        | 11             |     | 39 | 07:12:55    | 07:13:27     | 07:52           |
| 162  | 233 | Jacek Drabarz                   | POL  | Night runners Poznań             | Poznań                | M50        | 23             | 123 |    | 07:14:21    | 07:14:21     | 07:54           |
| 163  | 442 | Krzysztof Wróblewski            | POL  | Biegacze PMI                     | Międzychód            | M50        | 24             | 124 |    | 07:14:27    | 07:14:27     | 07:54           |
| 164  | 388 | Tomasz Stanisławek              | POL  | TIM.T                            | Zielona Góra          | M40        | 68             | 125 |    | 07:15:08    | 07:15:23     | 07:55           |
| 165  | 311 | Jarosław Majek                  | POL  |                                  | Dąbrówka              | M50        | 25             | 126 |    | 07:20:28    | 07:20:28     | 08:01           |
| 166  | 447 | Michał Zieliński                | POL  | Sportowy Team Żabki              | Poznań                | M30        | 25             | 127 |    | 07:20:30    | 07:20:30     | 08:01           |
| 167  | 316 | Jagoda Markiewicz               | POL  | Kuźnia Talentów Kamieniec        | Kamieniec             | K20        | 1              |     | 40 | 07:20:22    | 07:20:46     | 08:00           |
| 168  | 254 | Tomek Guździol                  | POL  |                                  | Nowy Tomyśl           | M40        | 69             | 128 |    | 07:23:20    | 07:23:30     | 08:04           |
| 169  | 203 | Ania Adamczyk                   | POL  |                                  | Goluski               | K40        | 25             |     | 41 | 07:23:15    | 07:23:37     | 08:04           |
| 170  | 214 | Paweł Biniak                    | POL  | Speed B                          | Stocin                | M40        | 70             | 129 |    | 07:23:39    | 07:23:46     | 08:04           |
| 171  | 413 | Dominik Tomiak                  | POL  | NBTZ                             | Wroniawy              | M40        | 71             | 130 |    | 07:23:46    | 07:23:46     | 08:04           |
| 172  | 320 | Kacper Michoń                   | POL  | Night Runners / Stajnia Crossfit | Poznan                | M20        | 7              | 131 |    | 07:23:55    | 07:23:55     | 08:04           |
| 173  | 238 | Tomasz Filut                    | POL  |                                  | Poznań                | M40        | 72             | 132 |    | 07:25:27    | 07:25:44     | 08:06           |
| 174  | 204 | Marcin Adamczyk                 | POL  |                                  | Goluski               | M40        | 73             | 133 |    | 07:25:46    | 07:25:46     | 08:06           |
| 175  | 431 | Joanna Wicenty                  | POL  | KJ Stajnia Nowina                | Obrzycko              | K20        | 2              |     | 42 | 07:29:45    | 07:30:08     | 08:11           |
| 176  | 386 | Maciej Soloch                   | POL  | @wronieckibiegacz                | Wronki                | M30        | 26             | 134 |    | 07:29:45    | 07:30:08     | 08:11           |
| 177  | 310 | Krzysztof Maciuk                | POL  | ACTIVE LIFESTYLE                 | Leszno                | M30        | 27             | 135 |    | 07:30:07    | 07:30:32     | 08:11           |
| 178  | 351 | Jacek Płocieniczak              | POL  | Biegowe Wiórki                   | Poznań                | M20        | 8              | 136 |    | 07:30:22    | 07:30:32     | 08:11           |
| 179  | 396 | Ilona Strzelczyk                | POL  | Kęsy Team                        | Oborniki              | K60+       | 1              |     | 43 | 07:34:58    | 07:34:58     | 08:16           |
| 180  | 324 | Agnieszka Modzelewska           | POL  |                                  | Opalenica             | K40        | 26             |     | 44 | 07:34:35    | 07:35:05     | 08:16           |
| 181  | 308 | Krzysztof Łukomski              | POL  |                                  | Opalenica             | M30        | 28             | 137 |    | 07:35:57    | 07:36:31     | 08:17           |
| 182  | 208 | Karol Bajer                     | POL  |                                  | Leszno                | M40        | 74             | 138 |    | 07:36:47    | 07:36:47     | 08:18           |
| 183  | 319 | Wiktor Mazur                    | POL  |                                  | Kościan               | M30        | 29             | 139 |    | 07:40:50    | 07:40:50     | 08:23           |
| 184  | 302 | Kacper Kwiek                    | POL  |                                  | Plewiska              | M20        | 9              | 140 |    | 07:41:26    | 07:41:50     | 08:23           |
| 185  | 207 | Krzysztof Andrzejewski          | POL  |                                  | Swarzędz              | M40        | 75             | 141 |    | 07:42:45    | 07:43:20     | 08:25           |
| 186  | 226 | Michał Ciebelski                | POL  |                                  | Pniewy                | M50        | 26             | 142 |    | 07:43:59    | 07:44:14     | 08:26           |
| 187  | 328 | Andrzej Niemyt                  | POL  | Grodziski Klub Biegacza          | Kopanki               | M30        | 30             | 143 |    | 07:44:21    | 07:44:21     | 08:27           |
| 188  | 359 | Wioletta Przybylska - Kaczmarek | POL  |                                  | Poznań                | K40        | 27             |     | 45 | 07:45:19    | 07:45:19     | 08:28           |
| 189  | 342 | Dawid Pawelec                   | POL  |                                  | Nowy Tomyśl           | M30        | 31             | 144 |    | 07:45:19    | 07:45:35     | 08:28           |
| 190  | 427 | Miłosz Wałęsa                   | POL  |                                  | Nowy Tomyśl           | M30        | 32             | 145 |    | 07:45:20    | 07:45:36     | 08:28           |
| 191  | 326 | Łukasz Najdek                   | POL  |                                  | Grodzisk Wielkopolski | M30        | 33             | 146 |    | 07:51:44    | 07:52:07     | 08:35           |
| 192  | 337 | Sławomir Ostrowski              | POL  | Biegające Krejzole               | Rokietnica            | M40        | 76             | 147 |    | 07:52:16    | 07:52:16     | 08:35           |
| 193  | 304 | Alicja Łabędzka - Bugaj         | POL  | KB DębIEC Poznań                 | Poznań                | K50        | 5              |     | 46 | 07:52:17    | 07:52:17     | 08:35           |
| 194  | 454 | Michał Szurkowski               | POL  |                                  | Poznań                | M40        | 77             | 148 |    | 07:59:45    | 08:00:02     | 08:43           |
| 195  | 409 | Zenon Talar                     | POL  | Kęsy Team                        | Dąbrówka Leśna        | M70+       | 2              | 149 |    | 08:03:56    | 08:04:18     | 08:48           |
| 196  | 255 | Piotr Hańczak                   | POL  | ŚwierczewoRun                    | Poznań                | M40        | 78             | 150 |    | 08:04:38    | 08:04:55     | 08:49           |
| 197  | 285 | Paweł Konieczny                 | POL  | Pampry Team                      | Sierosław             | M30        | 34             | 151 |    | 08:05:03    | 08:05:37     | 08:49           |
| 198  | 395 | Maciej Stolpe                   | POL  | Tkkf MPK Poznań                  | Poznań                | M50        | 27             | 152 |    | 08:10:05    | 08:10:05     | 08:55           |
| 199  | 449 | Katarzyna Żebrowska             | POL  | BBL                              | Trzcianka             | K50        | 6              |     | 47 | 08:09:37    | 08:10:07     | 08:54           |
| 200  | 343 | Krzysztof Pawlak                | POL  |                                  | Żydowo                | M40        | 79             | 153 |    | 08:09:40    | 08:10:07     | 08:54           |



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|------|-----|-------------------------|------|-----------------------------|-----------------------|------------|----------------|-----|----|-------------|--------------|-----------------|
| 201  | 248 | Pawel Gmerek            | POL  |                             | Wolsztyn              | M40        | 80             | 154 |    | 08:12:36    | 08:13:03     | 08:57           |
| 202  | 281 | Adam Kliks              | POL  |                             | Wolsztyn              | M50        | 28             | 155 |    | 08:12:36    | 08:13:03     | 08:57           |
| 203  | 421 | Henryka Urbaniak        | POL  |                             | Wolsztyn              | K50        | 7              |     | 48 | 08:15:11    | 08:15:11     | 09:00           |
| 204  | 251 | Damian Graczyk          | POL  | Aktywni Razem               | Owińska               | M40        | 81             | 156 |    | 08:19:55    | 08:20:05     | 09:05           |
| 205  | 370 | Roman Rosół             | POL  | Wybiegać Marzenia Team      | Poznań                | M50        | 29             | 157 |    | 08:20:17    | 08:20:38     | 09:06           |
| 206  | 448 | Mariusz Zielonka        | POL  | CSWLąd Poznań               | Poznań                | M50        | 30             | 158 |    | 08:20:44    | 08:20:44     | 09:06           |
| 207  | 264 | Joanna Jaśkowiak        | POL  | Jasiowa Pasiaka             | Grodzisk Wielkopolski | K40        | 28             |     | 49 | 08:21:03    | 08:21:31     | 09:07           |
| 208  | 435 | Helena Wojciechowska    | POL  | Night Runners               | Poznań                | K40        | 29             |     | 50 | 08:21:56    | 08:21:56     | 09:08           |
| 209  | 389 | Patrycja Starosta-Trela | POL  | Opalenicki Klub Biegacza    | Pniewy                | K30        | 12             |     | 51 | 08:21:57    | 08:21:57     | 09:08           |
| 210  | 299 | Robert Kurys            | POL  | Luboński Klub Biegacza      | Luboń                 | M40        | 82             | 159 |    | 08:23:06    | 08:23:32     | 09:09           |
| 211  | 380 | Maria Słapek            | POL  | Luboński Klub Biegacza      | Poznań                | K40        | 30             |     | 52 | 08:23:07    | 08:23:33     | 09:09           |
| 212  | 419 | Karolina Urbanek        | POL  |                             | Grodzisk Wielkopolski | K40        | 31             |     | 53 | 08:27:08    | 08:27:41     | 09:13           |
| 213  | 420 | Marcin Urbanek          | POL  |                             | Grodzisk Wielkopolski | M40        | 83             | 160 |    | 08:27:42    | 08:27:42     | 09:14           |
| 214  | 213 | Marcin Betlej           | POL  |                             | Kościan               | M50        | 31             | 161 |    | 08:31:50    | 08:31:50     | 09:18           |
| 215  | 219 | Alina Bubeł             | POL  | KB Supermaratończyk         | Wrocław               | K50        | 8              |     | 54 | 08:37:30    | 08:37:30     | 09:25           |
| 216  | 220 | Rafał Buchalski         | POL  | Rebellion of Free Runners   | Łąd                   | M30        | 35             | 162 |    | 08:41:05    | 08:41:24     | 09:28           |
| 217  | 381 | Andrzej Smyk            | POL  | Browar Opalenica            | Opalenica             | M50        | 32             | 163 |    | 08:54:14    | 08:54:38     | 09:43           |
| DNF  | 234 | Marlena Drajerczak      | POL  | M&M BIEGAMY RAZEM           | Poznań                | K40        |                |     |    |             |              | 0               |
| DNF  | 410 | Waldemar Telesz         | POL  | Wolsztyński Klub Biegowy    | Wolsztyn              | M40        |                |     |    |             |              | 0               |
| DNF  | 301 | Zuzanna Kwiatkowska     | POL  | HERNIK TEAM                 | Poznań                | K30        |                |     |    |             |              | 0               |
| DNF  | 288 | Marek Kościelniak       | POL  | M&M Biegamy Razem           | Poznań                | M40        |                |     |    |             |              | 0               |
| DNF  | 227 | Jarosław Cyprian        | POL  | OSP OPALENICA               | Opalenica             | M50        |                |     |    |             |              | 0               |
| DNF  | 345 | Piotr Piechota          | POL  |                             | Opalenica             | M30        |                |     |    |             |              | 0               |
| DNF  | 414 | Paulia Tomiak           | POL  |                             | Wroniawy              | K30        |                |     |    |             |              | 0               |
| DNF  | 317 | Maciej Marona           | POL  | parkrun Jezioro Swarzędzkie | Swarzędz              | M40        |                |     |    |             |              | 0               |
| DNF  | 358 | Patryk Prządka          | POL  | Szalony sprinter            | Obra                  | M30        |                |     |    |             |              | 0               |
| DNF  | 371 | Mateusz Rubczyński      | POL  | Marciniak Team              | Rakoniewice           | M30        |                |     |    |             |              | 0               |